

Suicide Prevention Training

QPR (Question, Persuade, Refer)



Anyone can become a QPR Gatekeeper for Suicide Prevention.

Did you know Sullivan County's suicide rate amongst teens is more than twice the average for New York State? You can help. Become a QPR Gatekeeper with this workshop designed to teach suicide warning signs and QPR's three life-saving skills:

Question the person about suicide,

Persuade the person to get help, and

Refer the person to the appropriate resource.

To schedule a FREE training, contact Sullivan 180 at 845.295.2680 or info@Sullivan180.org.

Trainings are led by Jill Holland, OTR, Sullivan 180 Community Health Champion.

Trainings are available both in person and via Zoom.



Building a healthy community, one degree at a time



Sullivan180.org • 845.295.2680